

# LADIES' SUMMER TENNIS CAMPS

## **SESSION 1: BRINGING THE HEAT!**

July 25 - 29th | 7:30am - 10am | Monday - Friday

We will cover: put-away volleys, harder groundstrokes and returns, poaching, reaction volleys, and ending the points using aggressive tactics.

## **SESSION 2: PLAYING SMARTER DOUBLES**

August 29 - September 2nd | 9 - 11:30am | Monday - Friday

We will cover: Rules to playing high percentage doubles, covering the hot seat, shifting, split stepping drills, making the first volley count, serve, return, lobs, and overheads.

**SPACE IS LIMITED! SIGN UP TODAY!**

**\$30 DAILY OR \$120 FOR FIVE DAYS**



**SELVA MARINA  
COUNTRY CLUB**

ATLANTIC BEACH, FL



**HamptonGolf**  
hamptongolfclubs.com

(904) 246-3766  
TENNISSHOP@SELVAMARINA.COM